

VAC 1: Understanding India through Constitutional Values

Credit distribution, Eligibility and Pre-requisites of the Course

Course Title & code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course
		Lecture	Tutorial	Practical/ Practice		
Understanding India through Constitutional Values	02	1	0	1	Pass in Class 12 th	NIL

Learning Objectives

The Learning Objectives of this course are as follows:

- To introduce students to the moral and philosophical foundations of the Indian Constitution.
- To explain the role of fundamental duties in strengthening democratic citizenship.
- To develop responsible and value-based civic behavior among students.

Learning outcomes

By the end of this course, students will be able to:

- Develop a foundational understanding of the Indian Constitution and evaluate its enduring relevance in contemporary society.
- Critically appreciate the core constitutional values such as justice, liberty, equality, and fraternity, and understand their role in shaping Indian democracy.
- Identify and explain the significance of Fundamental Duties as enshrined in Article 51A of the Constitution.
- Demonstrate the ability to apply constitutional values and civic responsibilities in everyday situations to promote ethical and participatory citizenship.

SYLLABUS OF UNDERSTANDING INDIA THROUGH CONSTITUTIONAL VALUES

Unit 1: Philosophy and Values of the Indian Constitution

- Understanding the Preamble: Justice, Liberty, Equality, and Fraternity
- Constitutional Morality: Meaning and Significance
- Democratic ethos, Secularism, Rule of Law, and Human Dignity

Unit 2: Core Constitutional Values in Practice

- Fundamental Rights
- Role of the Judiciary in upholding constitutional values
- Key Supreme Court Judgments:
 - Kesavananda Bharati v. State of Kerala (1973)
 - Maneka Gandhi v. Union of India (1978)
 - MC Mehta v. Union of India (1986)
 - Vishaka v. State of Rajasthan (1997)
 - Sabarimala Case (2018)

Unit 3: Directive Principles of State Policy and Fundamental Duties

- Directive Principles of State Policy: Background and Constitutional Provisions
- Fundamental Duties: Sardar Swaran Singh Committee and the 42nd Amendment
- Article 51A: Analysis of each Fundamental Duty
- Importance of Duties in a Rights-Based Society

Practical component (if any) -

- Reflective group discussions and projects on the contemporary relevance of constitutional values
- Workshops/seminars to promote awareness of Fundamental Duties
- Conduct a survey (minimum 25 respondents) on awareness of constitutional duties
- Submission of a short experiential report on personal engagement with a constitutional value
- Poster-making or social media campaigns on values like secularism, equality, or cleanliness
- Any additional activity as decided by the instructor

Essential/recommended readings

- Preamble to the Constitution of India, 1950.
- The Constitution of India, Articles 12 TO 35 AND 36 TO 51
- The Constitution of India, Fundamental Duties [Art. 51 A (a)- (k)].

Suggested readings

- Subhash C. Kashyap – Our Constitution (National Book Trust, Student Edition)
- Government of India – Fundamental Duties Booklet, Ministry of Information & Broadcasting
- Selected Supreme Court judgments (in simplified summaries)
- Durga Das Basu, et al., Introduction to the Constitution of India (LexisNexis, 26th edn, 2022).
- Leila Seth, We, the Children of India: The Preamble to Our Constitution (New Delhi, Puffin Books, Penguin Books India, 2010).
- Mahendra Pal Singh, V.N. Shukla's Constitution of India, (Eastern Book Company, Lucknow, 13th revised edn. 2017)
- B.R. Ambedkar Selected Speeches, (Prasar Bharati, New Delhi, 2019) available at: <https://prasarbharati.gov.in/whatsnew/whatsnew 653363.pdf>.

VAC 1: Clean India Mission: Civic Responsibility and Public Health

Credit distribution, Eligibility and Pre-requisites of the Course

Course Title & code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course
		Lecture	Tutorial	Practical/ Practice		
Clean India Mission: Civic Responsibility and Public Health	02	1	0	1	Pass in Class 12 th	NIL

Learning Objectives:

This value-added paper aims to:

- Introduce students to the evolution, vision, and components of the Clean India Mission.
- Develop awareness of sanitation, hygiene, and environmental responsibility as national priorities.
- Encourage civic engagement and active participation in cleanliness and public health initiatives.
- Analyze the Clean India Mission as a case study of participatory governance and behavioral change.

Learning Outcomes:

By the end of the course, students will be able to:

- Understand the historical and policy context of cleanliness and sanitation in India.
- Analyze the objectives, strategies, and outcomes of the Swachh Bharat Abhiyan (SBA).
- Reflect on the link between cleanliness, citizenship, health, and sustainable development.
- Design and participate in community-level awareness and cleanliness initiatives.

SYLLABUS OF Clean India Mission: Civic Responsibility and Public Health

Unit 1: Sanitation and Cleanliness in the Indian Context

- Historical overview of public sanitation in India
- Gandhiji's vision of cleanliness and its moral/social roots
- Pre-Swachh Bharat initiatives: Total Sanitation Campaign, Nirmal Bharat Abhiyan
- Public health, sanitation, and constitutional duties (Article 51A(g))

Unit 2: Swachh Bharat Mission – Vision, Implementation, and Achievements

- Launch of Swachh Bharat Abhiyan (2014): Goals and components
- Sanitation and Waste Management for Sustainable Development
- Urban and rural strategies: SBM-Urban and SBM-Gramin
- Role of ministries, local bodies, NGOs, and private stakeholders

Unit 3: Cleanliness, Citizenship, and Participatory Governance

- Cleanliness as a civic virtue and a national duty
- Role of youth, educational institutions, and community engagement
- Swachh Survekshan, Clean Campus Campaigns, and citizen scorecards
- Challenges and critiques: infrastructural gaps, behavioral inertia, rural-urban divide

Practical component (if any)

Suggested Activities: List of activities to be undertaken:

- Community cleanliness drive or awareness campaign (college/locality)
- Poster-making or short film contest on "My Vision of a Clean India"
- Survey/field study on sanitation practices and perceptions (minimum 25 respondents)
- Guest lecture or workshop with municipal/NGO official
- Submission of a reflection report based on field or outreach activities
- Participation in Swachhata Pakhwada, Clean Campus program, or Swachh Survekshan activities
- If required, students can share their experiences in the form of a Project Report
- Any other Practical/Practice as decided from time to time

Essential Readings /Online Resources

- Government of India-Swachh Bharat Abhiyan Guidelines (Urban & Gramin)
- Gandhi, M.K.-Selected Writings on Cleanliness and Sanitation
- Ministry of Housing and Urban Affairs-Swachh Bharat Mission Urban Reports
- Ministry of Jal Shakti-SBM-Gramin Evaluation Report (NITI Aayog)
- Swachh Bharat Mission - Gramin, Department of Drinking Water and Sanitation, Ministry of Jal Shakti
- India 2021, Ministry of Information & Broadcasting
- <http://swachhbharatmission.gov.in/SBMCMS/swachhta-pakhwada.htm>
- <https://swachhbharatmission.gov.in/SBMCMS/about-us.htm>
- https://www.communityledtotalsanitation.org/sites/communityledtotalsanitation.org/files/ODF_verification_checklist.pdf
- <https://sbm.gov.in/phase2dashboard/PhaseII/NationDashboard.aspx>

Suggested Readings

- Ministry of Education - Manual for Swachhata Action Plan in Educational Institutions

- Centre for Policy Research-Waste and Sanitation Studies in India
- Neera Chandhoke & Praveen Priyadarshi (eds.)-Contemporary India: Economy, Society, Politics (relevant chapters)
- Articles from journals like Economic & Political Weekly, Down to Earth, and Yojana magazine (Swachh Bharat editions)
- <https://swachhbharatmission.gov.in/SBMCMS/writereaddata/Porta1/1images/pd/brochure/Greywatermanagement.pdf> ¹
- <https://swachhbharatmission.gov.in/SBMCMS/writereaddata/Porta1/1images/pdf/brochure/PWMBS28thJune.pdf>
- Gol (2020). Swachh Bharat Mission (Grameen) Phase 2: Operational guidelines. Department of Drinking Water and Sanitation, Ministry of Jalshakti.
- MoHUA (2017). Guidelines for Swachh Bharat Mission - Urban (PDF). Ministry of Housing and Urban Affairs, Government of India.